# Why HSS

#### **HSS Built On Passion**

Home Support Services (HSS) is an industry leader in all levels of home health care with over 25 years of experience in providing care to people in their own homes.

Virginia Bullock, HSS Founder and Managing Director started nursing at the age of 17. During her initial years as a nurse, she continued seeing children and adult patients in hospital who, in her mind, could very easily be treated from home, thereby freeing up hospital beds, and allowing patients the benefits of remaining in their home environment.

Virginia's views as to the need for change in the health system were compounded with a number of tragic family events, including her father being diagnosed with cancer. His dying wish was to spend his final days in the comfort of his own home, however, without the support of the health system, he was forced to spend the last two weeks of his life in hospital.

This devastating situation resulted in Virginia's vision to fundamentally change the operating model of the health system and in turn alter the mindset that sick people must be treated in hospital.

25+ years on, Virginia is still passionate about providing care in people's homes. If there is one more person out there who would benefit from this service, Virginia will work her hardest to ensure they receive the care they deserve in the comfort of their own home.



Virginia Bullock, HSS Founder



Since 1989, HSS has provided quality home nursing and care services to the community. HSS employs hundreds of qualified nursing, personal care and domestic staff. With ACHS EQuIP accreditation, you can be confident that you will receive the highest quality care.



## Contact us on 1300 550 654

Visit our website - www.hss.com.au for further information or to submit an online request/quote form.



# Get the care you need at home

More and more Australians are choosing to stay at home with the support of a team of Nurses, Carers and Allied Health professionals.



# Care as Individual as You Are

Enjoy the benefits of remaining in your own home, whilst receiving the care you need.

Our service covers every aspect of care you would need to remain independent - from 24 hour care and health monitoring, to personal care and meal preparation, or just a friendly face to talk to.

Your personal care manager, a Registered Nurse, will meet with you to develop your customised care plan. This plan will detail the type of visits you will receive and their frequency. You decide what the plan includes or excludes, and you can adapt the plan at any time by meeting or speaking directly with your Care Manager.

## **Key Benefits**

- Enjoy the benefits of living in your own home.
- Build your own plan that is tailored to your exact needs.
- Adapt and alter your plan at any time.
- A Registered Nurse as your own personal care manager.
- Feel secure in the knowledge that all our staff have national police clearances.
- Hospital level accreditation ensuring service quality - ACHS EQuIP accredited.

... I can't begin to express how much of a difference HSS has made to our lives.

Jill, (Unley)

## Our Care Team

### **Registered Nurses**

- Assess, monitor and provide assistance with general health and wellbeing
- Monitor blood glucose levels and blood pressure
- Offer assistance with continence issues
- Liaise with GP's and other health professionals
- · Act upon health issues that arise
- Monitor intake of prescribed medicines

### **Physiotherapists**

- Maintain or restore physical function
- Develop an ongoing conditioning and exercise program to maintain strength and balance

### **Occupational Therapists**

- Assess the safety of your home to minimise the risk of falls
- Set up the home for safe living
- Organise appropriate equipment to assist with mobility and safety in the home

#### **Carers & Domestics**

- Assist with showering, dressing and grooming
- Help with meal preparation
- Complete domestic duties including washing, ironing and vacuuming
- Can transport and accompany you to medical appointments and outings
- Collect prescriptions from your chemist

... I can feel confident knowing my wife is in HSS' hands. Home care is more than just care - 'normal' home living is very important'

Brian, (Semaphore)

## How It Works

Managing your health and enjoying life at home couldn't be easier.

- Call HSS to discuss your needs
- A Care Manager will answer your initial questions
- A Care Manager will meet with you to discuss your options
- You will receive a written indication of cost
- Your Care Manager will work with you to create an individualised care plan
- Your care team will commence with the quality care you deserve
- Your Care Manager remains in regular contact to monitor your ongoing care